

# NEWS RELEASE

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**NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE-NEW JERSEY**

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## Talk Focuses on First Female to Get Sober in AA

Sally and David Brown, authors of *A Biography of Mrs. Marty Mann: The First Lady of Alcoholics Anonymous*, will share their thoughts and insights about her at 7:30 p.m. Friday, Sept. 28, at Mercer County Community College in West Windsor. The program is free and open to the public, including the recovering community and addiction professionals.

The talk will be in lecture hall CM110, which is in the Communications Building, next to Kelsey Theatre.

The program is free and is sponsored by the National Council on Alcoholism and Drug Dependence-New Jersey, Friends of Recovery-New Jersey, the Addiction Counseling Education Program at the college, the Burlington County Council on Alcoholism and Drug Abuse, the Mercer Council on Alcoholism and Drug Addiction, NCADD Hudson, NCADD of Middlesex, and the Passaic County on Alcoholism and Drug Prevention.

Marty Mann, one of America's most important public health policy reformers, was born into wealth and privilege and sank to the lowest depths of degradation because of her alcoholism.

She was the first woman to achieve long-term sobriety in Alcoholics Anonymous and was the founder of the National Council on Alcoholism.

Information is available by calling NCADD-New Jersey at 609/689-0599, ext. 150 or 151.